

## INVITATION FOR ABSTRACTS- EDITED BOOK

# Mapping Menstrual Experiences: Lived Realities, Policy Perspectives and Psychological Nuances from the Global South

Editors- Dr. Radhika Jagtap

Dr. Aparna Vyas

### About the Book

The book seeks to deconstruct existing policy perspectives and psychological nuances through lived realities of menstrual experiences. Placing “experience” as an epistemic focus, it is structured into two foundational inquiries- one that of theorizing engagements with the law and the experience of legal politics and second, the social and cultural psychological experiences associated with menstruation and other related bodily complexities among menstruating individuals- in the global south. Through these lenses, the book aims to foster an interdisciplinary dialogue, providing evidence to inform lawmaking and social transformation concerning “menstruation justice” in the part of world where concepts like development, gender justice and rights continue to be inquired while being placed in the backdrop of neoliberal capitalism, market fundamentalism and post coloniality.

Menstrual experiences ensuing from the advocacies that went into articulating Paid Menstrual Leave, from sanitary product consumer point of view, from sanitation and healthcare situation in poorer countries and limited availability of resources need to be archived. Although sociological, anthropological, and legal literature has extensively examined the complexities of menstrual experiences, psychological discourse has predominantly concentrated on documenting attitudes, beliefs, and addressing issues such as menstrual shame. This focus, however, often remains limited, with a tendency to conceptualize gender within a binary framework. In this discourse, social and cultural psychological theorization is reduced to a delineation of social factors. Further, there is a dearth of longitudinal studies in this field in developing countries, which restricts understanding of the temporal dynamics between menstruation, mental health care and gender politics. The book aims to collate all these concerns through various lenses of academic investigation.

**Identified Themes and Sub-themes under which we encourage Proposals/Abstracts for Chapters:**

**Part-1 Law and Policy Menstrual Experiences**

- Menstruation and the Workplace Issues from the Global South
- Gender Politics, Law and Neoliberal Global South
- Rights, Policies and Meaning making in Developing Countries
- Resource-poverty and Menstrual Experience

**Part- 2 Challenging Dominant Narratives: Marginalized Voices in Diverse Socio-Cultural Contexts**

- Euro-western Models of Menstruation and Impossibilities of Understanding within Diverse Social and Cultural Contexts
- Non-Binary Perspectives, Challenges and Mental Health Implications
- Menstrual Experiences, Artistic Expressions and Psychological Interpretations

**Part- 3 Deepening Inquiries: A Journey into Lifeworlds**

- Discourses, Narratives and Menstrual Experiences
- Phenomenological exploration and lived realities of Menstruating Individuals
- Intergenerational Dialogues and Socio-cultural Co-construction of Stigma Surrounding Menstrual Experiences.

**Important Details**

Submission deadline: 30<sup>th</sup> September 2024

Intimation for Abstract Selection: 5<sup>th</sup> October 2024

Submission form link:

[Mapping Menstrual Experiences: Lived Realities, Policy Perspectives and Psychological Nuances from the Global South \(google.com\)](https://www.google.com)

The editors are in discussions with a leading academic publishing group (South Asian Commission) of international repute. We invite and encourage interdisciplinary contributions from academicians, policy researchers and scholars and practitioners. There shall be no processing or publication charges.

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## **About the Editors**

### **Dr Radhika Jagtap**

*Assistant Professor, School of Law, UPES Dehradun, Uttarakhand, India.*

Dr. Radhika Jagtap is an Assistant Professor at *School of Law, UPES Dehradun*. She holds a PhD in Public International Law from *Centre for International Legal Studies, Jawaharlal Nehru University, New Delhi*, which was awarded in September 2021. Her thesis was titled as "*Social Movements and International Law: Analysing Contemporary Reforms*" where she explored the epistemological and discursive relationship between people's mobilisations and social movements from the Global south and International Law. She explored the domain through various critical inquiries including historiographical, feminist and internationalist. Radhika has worked, published, presented, and organized extensively in the area of public international law and gender studies in various national and international journals including publishers like *Oxford University Press, Duncker & Humblot's German Yearbook of International Law*, and *Economic and Political Weekly* amongst others. She has presented and cascaded her research at various intellectual and academic forums including *Max Planck Institute for Comparative Public Law and International Law, Heidelberg, Germany, Walther Schücking Institute for International Law (WSI) at University of Kiel, Germany* and *Melbourne Law School's 14th Doctoral Forum on Legal Theory*. She has organized several Faculty Development Programs, academic conferences and seminars at national and international levels. She has had the opportunity of inviting and hosting some important contributors to the domains such as international law, feminist jurisprudence, etc. She was an active part of the Gender Champions' cell at *Symbiosis Law School, Pune* (where she previously taught for 2.6 years) which is a cell formed under UGC mandate for gender sensitisation, awareness and dialogue.

### **Dr Aparna Vyas**

*Assistant Professor, Jindal School of Liberal Arts and Humanities, O.P. Jindal Global University, Sonipat, Haryana, India.*

Dr Aparna Vyas is an Assistant Professor at *Jindal School of Liberal Arts and Humanities, O. P. Jindal Global University*. She works in the field of social and cultural psychology, focusing on caste and gender issues, as well as creativity, imagination, visual arts, and literature. Proficient in the Vygotskian research tradition, critical social psychology, and qualitative research methods, she has a keen interest in methodologies such as content analysis, narrative analysis, and discourse analysis. Her research interests include creativity and imagination; art, activism and resistance; social and cultural psychology of marginalization, prejudice and discrimination; caste, gender and processes of othering; social change and identity processes; psychobiography. She completed her MPhil and PhD from *Zakir Husain Centre for Educational Studies, Jawaharlal Nehru University, New Delhi*. Employing the theoretical framework of cultural historical activity theory, her MPhil work delves into Dalit resistance, specifically examining the literature of resistance. Her doctoral research critically assesses the 'great man approach' intrinsic to the psycho-biographical inquiries in Psychology. This examination extends to the co-creation of political art stemming from student movements, with a specific focus on *Jawaharlal Nehru University*. Throughout her work, she also engages in a theoretical mapping of the evolution of psychobiography, investigating its various transformations and shifts. She has presented her research at various national and international conferences.