

Call for papers for research conclave

Roots of Resilience: Holistic Well-being through Indian Knowledge Systems (IKS)

March 13-14, 2026

Organized by the Centre of Excellence for Indigenous (Indian) Knowledge System (CoE-IKS), IIT Ropar

As opposed to the fragmented knowledge systems perpetuated in contemporary times, the ancient Indian knowledge practices privileged a holistic approach to one's well-being. Indian Knowledge Systems exhibit an integrated worldview that does not compartmentalize human experience but embraces an interwoven understanding of health, ecology, culture, philosophy, art, science, and community life. Often when one is unwell, their grandparents' words of wisdom around lifestyle practices and use of herbs to cure their ailments come to one's mind. Aggregated into our ancestor's lifestyle was a culture that had its roots in sustainable living where grit, resilience and holistic wellbeing acted as strong pillars of a thriving community. Discourses on agriculture, philosophy, science, culture and art converged to facilitate a better life for people. This conclave attempts to bring such knowledge often rooted in scientific practices but practised as lifestyle or culture in the Indian subcontinent into the academic and discursive fold. We intend to converge our discussions on reviving the Indian knowledge systems on sustainability, health, resilience, and community life to reframe modern approaches to well-being through time-tested indigenous wisdom.

This conclave aims to revitalize and promote academic engagement on topics included in the broad categorization of IKS. We intend to scrutinize ancient Indian systems such as Ayurveda, Yoga, philosophical traditions, local arts and martial practices to assess if these systems can enrich contemporary frameworks for wellbeing and living a resilient life. The conversations also aspire to bridge the traditional and modern knowledge to examine methodologies to integrate IKS into modern Indian education aligning with NEP 2020. The conclave would promote an interdisciplinary dialogue and create a space for scholars, practitioners and policy makers to share insights on IKS and its significance for wellbeing in a modern world. Finally, we seek to showcase dialogues on lifestyle, food traditions, community practices, and ecological harmony as contributors to living a good life rooted in strong community and resilient living.

Themes

Corresponding to this discourse, we invite papers on but not restricted to the following topics:

- **Philosophy & Worldview of IKS**
- **Health, Medicine & Daily Practice**
- **Food, Culture & Sustainable Lifestyles**
- **Education, Policy & Integration Models**
- **Arts, Aesthetics & Well-being**
- **Ecology, Environment & Resilience**

Registration Fee

Research Scholars/students	Rs. 2000
Independent scholars/faculty members	Rs. 3500

Format for abstract

- Title
- Name of the authors
- Designation and institutional affiliation
- 250 words abstract
- 4-6 keywords

Submit your abstract here

<https://forms.gle/J3xrpqJqbZUC51n17>



Abstract Deadline

The last date for sending in the abstract is 31st January 2026. If your abstract is accepted, you will be intimated by 10th February 2026. Accepted participants should complete their registration on or before 20th February 2026.

Program Co-ordinator: Dr. Aparna N

IKS Head, IIT Ropar: Dr. Amritesh

For queries contact Dr. Aparna N, Assistant Professor, Indian Institute of Technology Ropar at aparna.nandha@iitrpr.ac.in